



## U.S. Concealed Carry Association®

### Course Plan: California Carry Concealed Weapon License

*Compliant with State of California CCW Training Requirements*

| Lessons and Exercises                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Minimum Time       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| CCHDF: Introduction and Lessons 1-7 <ul style="list-style-type: none"><li>• Introduction - 30 minutes</li><li>• 1: Developing a Personal and Home Protection Plan - 90 minutes</li><li>• 2: Self-Defense Firearms Basics - 90 minutes</li><li>• 3: Shooting Fundamentals - 60 minutes</li><li>• 4: The Legal Use of Force - 90 minutes</li><li>• 5: Violent Encounters and Their Aftermath - 60-90 minutes</li><li>• 6: Gear and Gadgets - 30 minutes</li><li>• 7: Basic and Advanced Skills - 30-60 minutes</li></ul> | 8 Hours            |
| Less Lethal Self-Defense                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 1 Hour             |
| Instructor Guided Simulations                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1 Hour             |
| Mental Wellness                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 2 Hours            |
| California Legal Supplement                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 2-3 Hours          |
| Written Test                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 1 Hour             |
| Firearms Handling and Dry-Fire Exercises                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 1 Hour             |
| Live-Fire Qualification                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 1 Hour             |
| <b>Total</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>16-17 Hours</b> |



| CA S.B.2 Training Topic Requirements                                  | Satisfying Portion of Course                                                                                                                             |
|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Firearm Safety                                                        | <ul style="list-style-type: none"><li>● CCHDF Lessons 2</li><li>● Firearms Handling and Dry Fire Exercises</li></ul>                                     |
| Firearm handling                                                      | <ul style="list-style-type: none"><li>● CCHDF Lessons 2</li><li>● Firearms Handling and Dry Fire Exercises</li></ul>                                     |
| Shooting technique                                                    | <ul style="list-style-type: none"><li>● CCHDF Lesson 3</li><li>● Firearms Handling and Dry Fire Exercises</li><li>● Live Fire Qualification</li></ul>    |
| Safe storage                                                          | <ul style="list-style-type: none"><li>● CCHDF Lesson 6</li><li>● California Legal Supplement</li></ul>                                                   |
| Legal methods to transport firearms and securing firearms in vehicles | <ul style="list-style-type: none"><li>● California Legal Supplement</li></ul>                                                                            |
| Laws governing where permit holders may carry firearms                | <ul style="list-style-type: none"><li>● California Legal Supplement</li></ul>                                                                            |
| Laws regarding the permissible use of a firearm                       | <ul style="list-style-type: none"><li>● CCHDF Lessons 1, 4 and 5</li><li>● California Legal Supplement</li></ul>                                         |
| Laws regarding the permissible use of lethal force in self-defense.   | <ul style="list-style-type: none"><li>● CCHDF Lessons 1, 4 and 5</li><li>● Instructor Guided Simulations</li><li>● California Legal Supplement</li></ul> |
| Mental health no less than 1 hour                                     | <ul style="list-style-type: none"><li>● Mental Wellness Lesson</li></ul>                                                                                 |
| Must pass a written exam to demonstrate knowledge                     | <ul style="list-style-type: none"><li>● Written Test</li></ul>                                                                                           |



# **Concealed Carry and Home Defense Fundamentals**

## **0. INTRODUCTION**

- Agenda
- Statistics and Trends

## **1. DEVELOPING A PERSONAL- AND HOME-PROTECTION PLAN**

- Defining a Personal-Protection Plan
- Why Conflict Avoidance Is So Important
- Situational Awareness
- The Color Codes of Awareness
- Areas to Avoid
- Cover, Concealment and an Exit Strategy
- Home Security
- Evaluating Your Home's Security
- Home Alarms
- Home-Defense Planning
- Mental Exercises
- How a Permit to Carry Fits

## **2. SELF-DEFENSE FIREARMS BASICS**

- Universal Safety Rules
- Clearing a Semi-Automatic
- Clearing a Revolver
- Understanding a Gun's "Action"
- Understanding Revolvers
- Understanding Semi-Automatics
- Modern, Striker-Fired Handguns
- Understanding Magazines
- Selecting a Handgun
- Pros and Cons of Handgun Choices
- Ammunition Components
- Is Caliber All That Matters?
- Other Measurements
- Ammunition Care and Storage
- Common Ammunition Malfunctions
- Clearing Semi-Auto Malfunctions



- Home-Defense Shotgun Fundamentals
- Defining Gauge
- Shot Size
- Shotgun Chokes
- The AR-15 Platform
- AR-15 Components
- Other Use-of-Force Options

### 3. DEFENSIVE SHOOTING FUNDAMENTALS

- Defensive Shooting vs. Marksmanship
- Proper Grip
- Shooting Stance
- Aligning the Muzzle to the Target
- Unsighted Fire
- Target Focus
- Front-Sight Focus
- Trigger Control

### 4. THE LEGAL USE OF FORCE

- Defining Reasonable Force and Deadly Force
- Detailed Definitions of Deadly Force Rules, Including Scenarios
- What Prosecutors Will Want to Know
- Defending the Home
- Defending Property

### 5. VIOLENT ENCOUNTERS AND THE AFTERMATH

- Understanding Fight or Flight
- Effects of Adrenaline and Endorphins
- Recognizing a Threat
- Issuing Commands and Evaluating Options
- When You're Left With No Other Choice
- When the Right to Use Deadly Force Ends
- The Immediate Aftermath
- Phone Calls to Make
- When the Police Arrive
- Statement to the Police
- Preserving Evidence
- Miranda Rights



- During and After Your Arrest
- Advice for Your Lawyer

## 6. GEAR AND GADGETS

- Holster Retention
- Hip Holsters
- Paddle Holsters
- Deeper-Concealment Holsters
- Non-Traditional Holster Styles
- Belts
- Tactical Flashlights
- Mounted Lights
- Considering a Laser Sight
- Gun Safes and Storage

## 7. BASIC AND ADVANCED SKILLS

- Creating a Training Program
- Dry-Firing
- Fundamental Drill Discussion
- Discussion of What's Next

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## Instructor Guided Simulations

Follow the "Guided Simulations Handbook" PDF file.

- Briefing Students
  - Assess student's skill levels and use-of-force knowledge
- Running the Instructor-Guided Simulations
  - Supplement the scenarios in Lesson 4 of Concealed Carry and Home Defense Fundamentals
  - Teach and address the four rules governing the use of deadly force
  - Go through **at least four** of the simulations, or as many as time allows
    - "Alleyway Mugger"
    - "Angry Restaurant Patron"
    - "Balcony"
    - "Belligerent Neighbors"



- "Employment"
  - "Home Invasion"
  - "Traffic Collision"
  - Debriefing
- 

## **Less Lethal Self-Defense**

- Pepper Spray
    - How Pepper Spray Works
    - Types of Pepper Spray
  - Energy Weapons
    - How Energy Weapons Work
    - Types of Energy Weapons
  - Reasonable Use of Force
- 

## **Mental Wellness (Mental Health)**

- Trauma Effects and Coping
- Coping Strategies
- Emotional Responses
- Physical Responses
- Adverse Effects of Alcohol and Drug Use
- Suicide Prevention
  - Education
  - Statistics
  - Risk Levels
  - Warning Signs
  - Risk Factors
  - Protective Factors
  - Intervention Methods
  - Education, Help, Resources
- 988 Suicide and Crisis Lifeline
- Identifying a Potential Active Shooter



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## California Legal Supplement

- California concealed carry license introduction
- Who is eligible
- License restrictions
- Training requirements
- Fees, duration and processing time
- Name and address change
- Prohibited Places
- Firearm Sales
- Purchasing a Handgun in California
- Purchasing Ammunition in California
- Magazine Size Limitations
- Safe Storage of Firearms
- Safe Transportation of Firearms
- Permissible Use of a Firearm
- Permissible Use of Lethal Force in Self-Defense
- Frequently asked questions

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## Written Test

52 question assessment

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## Firearms Handling and Dry-Fire Exercises

- Objectives of Dry-Fire
- Dry-Fire Safety
- Training Aids



- Using Dry-Fire to Learn and Practice Marksmanship Fundamentals
    - Stance
    - Grip
    - Sight Alignment
    - Sight Picture
    - Trigger Control
    - Follow-Through
  - Transitioning from Dry-Fire to Live-Fire
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## **Live Fire Qualification**

- Follow the required live-fire shooting qualification of your county, city or local licensing authority.
- If your local licensing authority doesn't specify a specific course of fire, follow the USCCA standard shooting qualification:
  - Target: 7 inch diameter "high-center chest" area within a silhouette target
  - Stage 1: 4 yards, 15 rounds
  - Stage 2: 7 yards, 15 rounds
  - Stage 3: 10 yards, 10 rounds
  - Stage 4: 15 yards, 10 rounds
  - Must score 70 percent, which is at least 35 hits inside the center (7-inch diameter)
- Make sure that you know and follow the live-fire requirements in your area.
- Students are required to safely load, unload and reload their own handgun during the course of fire.
- Students must pass the qualification with every individual firearm that they will carry (up to three).